

# Domenica (Donna) Knudsen, Psy.D.

**Senior Faculty Institute for Advanced Psychotherapy at Loyola University Chicago**



Dear Colleagues and Friends.

We all know the power of EMDR and yet to try to describe power and impact of this therapy to another therapist is more than difficult. Experience is the best and sometimes only teacher. I feel they exact same way about The Institute for Advanced Psychotherapy at Loyola University Chicago.

I am spreading the word about this outstanding year-long training experience. In brief, the focus of this unique program is introducing a model of human behavior based on Attachment Theory and how shame is at the core of all protective yet dysfunctions behaviors in relationships. A blueprint of how people react unconsciously to shame triggers, clinicians learn to recognize and deconstruct protective, unconscious, dysfunctional patterns of behavior held in the neurophysiology. It is totally compatible with EMDR, IFS, Structural Dissociation, CBT, DBT, etc.. In fact, it enhances and supports other models of treatment.

I cannot say enough about this training opportunity, and I invite you to attend one of our open house events. Please contact my dear friend and colleague, Dr Patricia Gianotti, for more information including they Open House schedule. Over 70 hours of CE credits, 54 hours of small group consultation, six webinars and 27 hours of core curriculum taught over three live training modules and available live via zoom. Cost breakdown \$54.00 per hour.

Please Click on the link below for more information.

<https://www.patriciagianotti.com/loyola-institute-chicago>

Kind Regards,

Donna Knudsen

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Dr. Domenica Knudsen (she/her) earned her doctorate in Clinical Psychology at the Illinois School of Professional Psychology. She specializes in the treatment of trauma across the lifespan, including single PTSD and multiple event PTSD, often referred to as Complex Trauma. Dr. Knudsen is a member of the Trauma Research Foundation and is certified in Traumatic Stress Studies.

For the past 18 years, she has been a member of the training staff of EMDR International Association (EMDRIA), where she facilitates small groups and provides consultation for therapists as part of the regional Basic EMDR training requirements. Dr. Knudsen also provides EMDR training to achieve Certification and/or Consultant levels of advanced proficiency. Dr. Knudsen has been an adjunct faculty in the Graduate School of Psychology at Immaculata University in Pennsylvania, and Penn State Graduate School of Social Work. She is a Certified Daring Greatly™ facilitator, a highly experiential methodology based on Brene Brown's research on shame, designed to teach behaviors that increase vulnerability and authentic behavior while reducing the effect and impact of shameful emotions.

Dr. Knudsen maintains a private practice outside of Philadelphia, PA, working with an adult clientele and continues her involvement in the process of training therapists in EMDR.